

Unit 12 My Meetings

Bill of Rights

I have something to say

To make choices about your life

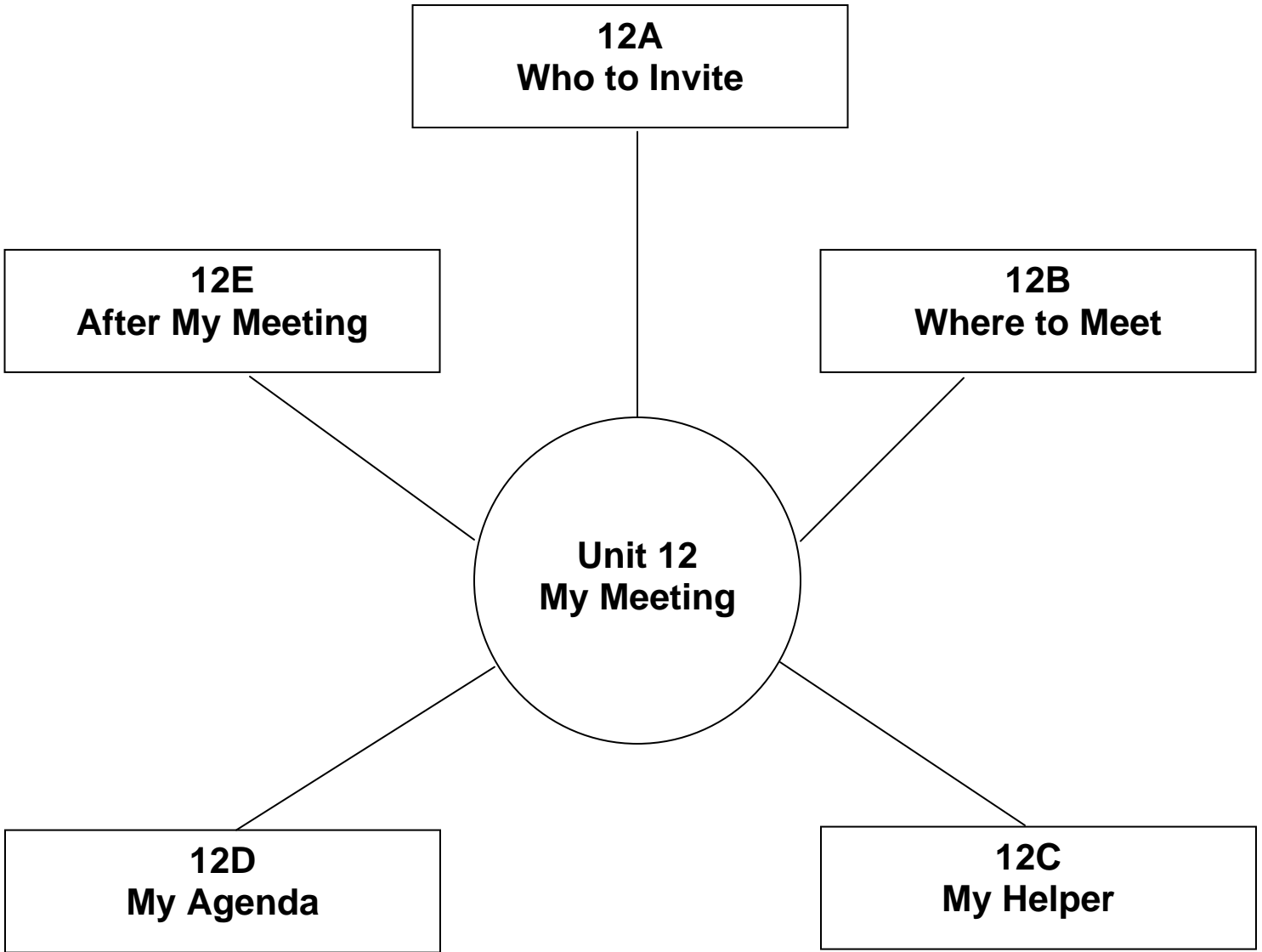


Tips

Know what you want to say before going to a meeting.

Ask someone to help you at your meeting, if you want it.

Activity Web



Unit 12 - My Meeting

Activity 12A: Who to Invite

Self Determination Skill:

- ✓ Choice making - individual chooses person(s) to invite to meeting
- ✓ Self-advocacy - individual expresses desire to include trusted person(s) at meeting
- ✓ Goal setting - individual sets goal to identify individual(s) to invite

Materials:

- Sample planning form
- Photos and picture symbols of people
- Voice output device

Describe Activity:

- Prior to a meeting, share planning form with individual.
- Show photos and picture symbols of various people who could be invited.
- Allow the individual to choose whom to invite to his/her meeting.
- Send invitation to identified individual(s) about the meeting.

Variations:

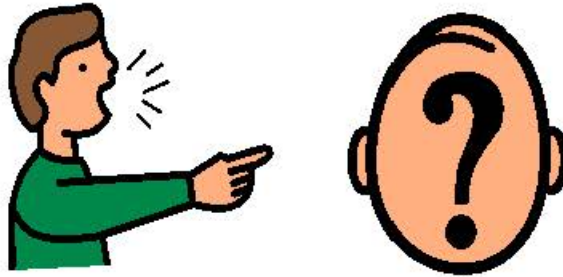
1. Use voice output device to make requests ("I want you to come to my meeting" "Can you come?").
2. Use a "fill in the blank" planning form for individuals who are able to copy or write.
3. Make invitations. Give individuals choices on the design, color, and wording.

My Life! My Way! My Choice!



My Meeting

I want to invite



friend



parent



family member



photo

photo

photo

Unit 12 - My Meeting

Activity 12B: Where to Meet

Self Determination Skill:

- ✓ Choice making - individual chooses where to meet for a meeting
- ✓ Self-advocacy - individual expresses desire where to meet
- ✓ Goal setting - individual sets goal to locate a place to meet

Materials:

- Sample planning form
- Photos and picture symbols of meeting places

Describe activity:

- Prior to meeting share planning form with individual.
- Show photos and picture symbols of various places to meet.
- Allow individual to choose place to meet.

Variations:

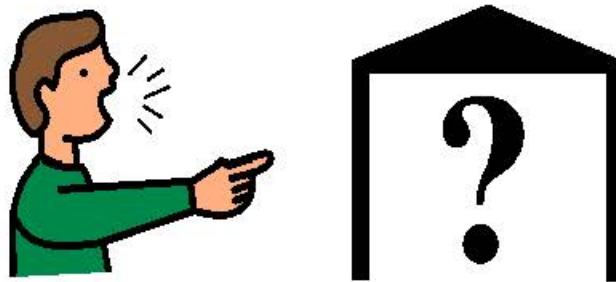
1. Use object(s) associated with the place to aid individual to choose where to meet.

My Life! My Way! My Choice!



My Meeting

I want to meet at



<p>home</p> A simple illustration of a blue house with a brown door and two yellow windows. A green tree is to the left of the house.	<p>apartment</p> A simple illustration of a yellow apartment building with a black roof, four windows, and two doors.	<p>restaurant</p> A blue square icon containing a white plate, a white fork, and a white knife.
<p>adult center</p> A simple illustration of a long, low building with several windows and a grey base.	<p>group home</p> A simple illustration of a blue house with a brown door and a yellow window.	<p>other</p>

Unit 12: My Meeting

Activity 12C: My Helper

Self Determination Skill:

- ✓ Problem solving - individual decides what supports he/she needs during a meeting
- ✓ Self-advocacy - individual expresses the need for assistance

Materials:

- Sample planning form
- Photos and picture symbols of various supports

Describe activity:

- Prior to meeting share planning form with individual.
- Show photos and picture symbols of various supports an individual may need during a meeting.
- Allow individual to choose what supports he/she may need during a meeting.
- Gather needed supports prior to the meeting.

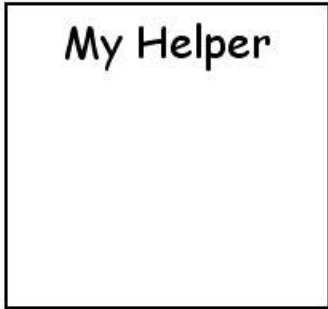
My Life! My Way! My Choice!



My Meeting



My Helper

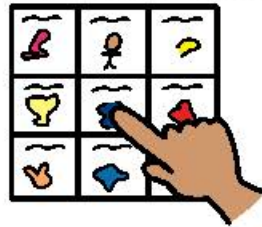


I need help with....

my device



communication



writing my name



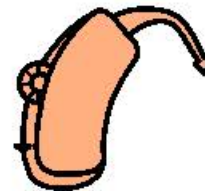
waiting



large print



my hearing aid



my wheelchair



boring stuff



other

Unit 12 - My Meeting

Activity 12D: My Agenda

Self Determination Skill:

- ✓ Self-advocacy - individual expresses desire to participate in his/her meeting in a variety of ways
- ✓ Goal setting - individual plans agenda prior to his/her meeting

Materials:

- Sample planning form
- Photos and picture symbols of agenda items

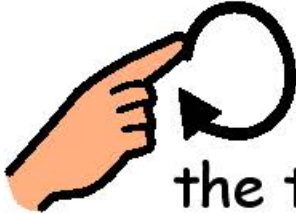
Describe activity:

- Prior to meeting share planning form with individual.
- Show photos and picture symbols of possible agenda items.
- Allow individual to choose agenda items.
- Use agenda during individual's meeting.



My Meeting

My Agenda



the things I want to do....

<p>greet people</p> A cartoon illustration of a person with blonde hair wearing a red shirt, waving their right hand.	<p>introduce people</p> A cartoon illustration of two hands shaking in a firm grip.	<p>show portfolio</p> A cartoon illustration of an orange folder with three photos on it: a red circle, a blue cloud, and a person icon.
<p>pass out papers</p> A cartoon illustration of hands holding several yellow papers.	<p>pass out snacks</p> A cartoon illustration of various snacks including a pretzel, a sandwich, and cookies.	<p>tell what I want</p> A cartoon illustration of a person in a green shirt pointing their right hand.
<p>sign my name</p> A cartoon illustration of a hand holding a pen and signing the name 'Eve' on a line.	<p>say good bye</p> A cartoon illustration of a hand waving, seen from the back of a person's head.	<p>other</p>

Unit 12: My Meeting

Activity 12E: After the Meeting

Self Determination Skill:

- ✓ Problem solving - individual decides how meeting went
- ✓ Self advocacy - individual expresses likes/dislikes
- ✓ Goal setting - individual sets goal for how to participate in future meeting

Materials:

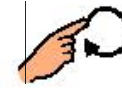
- Sample evaluation form
- Prompt cards for yes/no responses
- Voice output device with recorded messages

Describe activity:

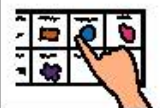



- After the meeting share evaluation form with individual.
- Allow individual to judge how he/she participated in his/her meeting using yes/no prompt cards or voice output device.

My Meeting

After my meeting, circle what I did well



Level of Participation							
Planned meeting with helper Watched helper during meeting	Pre-meeting	who to invite 	where 	help needed 	my agenda 	other	other
	Greeted Introduced people	eye contact 	smiled 	used device 	said hello 	shook hands 	other
Planned some meeting Greeted/Good byes Watched helper	Said goodbye	eye contact 	smiled 	vocalized 	used device 	said goodbye 	other
	Passed out things	papers 	snack 	other	other	other	other
Planned most meeting Shared portfolio Used helper as a guide not as a lead	Shared portfolio	pointed 	turned pages 	vocalized 	used switch 	other	other

Planned most meeting Shared wants, needs With helper's encouragement	Shared what I wanted to do	used photos 	used device 	used signs 	shared goals 	other	other
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Planned meeting Conducted meeting Help only upon request	Signed name	stamped 	made mark 	wrote name 	other	other	other
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Comments:

Name _____ Date _____

Note: Keep for records and progress charting.

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