



HAMILTON COUNTY  
**DEVELOPMENTAL DISABILITIES**  
SERVICES

# THE FUTURE IS NOW

FUTURE PLANNING SESSIONS FOR  
FAMILIES WITH AN OLDER CAREGIVER

The Future is Now is a multi-part series hosted online via Zoom and designed to help older caregivers and their family members with a disability make plans for the future. Throughout the series, families get help to create a letter of intent, a non-legal document that captures family desires and goals for the future. Creating a letter of intent can help families gain peace of mind that comes with having a plan.

Each session offers an opportunity to learn about important topics:

- > Hopes, dreams, and worries for the future
- > Future living arrangements
- > Expanding personal networks
- > Supports for older caregivers
- > Maximizing public benefits (SSI/SSDI/Social Security)
- > Keepers of the dream

Join us for FREE sessions!

**REGISTER AT [HAMILTONDDS.ORG/FUTUREISNOW](https://hamiltondds.org/futureisnow)**

For questions, contact Sean at (513) 559-6863 or [sean.bostic@hamiltondds.org](mailto:sean.bostic@hamiltondds.org)

Webinars will be hosted on Zoom

**FEB. 21, 23, 28 & MARCH 2**

**Morning and evening times available:**

**10-11:30 A.M. OR 6-7:30 P.M.**

## WHO CAN ATTEND?

These sessions are specifically designed for families that include a member with disability with an older caregiver. All members of the family are encouraged to attend, including caregivers, the family member with a disability, siblings, and close family friends.

## HOW WILL IT WORK?

Sessions will be hosted by facilitators from HCDDS and include the voices of families and people with developmental disabilities with lived experience.

Breakout sessions, co-led by an advocacy team will be offered for the family members with a disability. Caregivers will have their own session. Expert speakers will present on the topics listed above. Family members will have a chance to ask questions and interact with one another.